

www.westminstertowers.org

Toll Free (800) 345-6026
(803) 328-5000 or

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You're Invited...

If you or someone you know is considering a new lifestyle, please complete and return the provided coupon.

Or, if you would like a private consultation and tour of Westminster Towers, please phone today at **(803) 328-5000**.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: (____) _____

National Senior Health and Fitness Day



Join Towers residents and friends as they participate in the National Senior Health and Fitness Day. Vendors featuring health products geared towards seniors will be on hand to educate participants in ways to stay healthy and active at any stage of life. Various seminars will also be scheduled throughout the morning.

Date: May 19

Time: 9 a.m. to 12 p.m.

Location: Westminster Towers

RSVP by May 15 to 328-5231

TowersTalk

News From Westminster Towers

Spring 2002

A Cause for Celebration

A lot has happened since June of '89, when Westminster Towers first opened her doors to greet new residents.

In Rock Hill, there were limited choices in dining and shopping. In 1989, downtown still had a roof on it, *Mighty Casey* had yet to arrive at Cherry Park, no *Civitas* statues towered over Dave Lyle Boulevard, Celanese Road had only two lanes, and there was no "pay at the pump" for gasoline. Let your mind enjoy the game of "then and now."

Westminster Towers was the only continuing care retirement community (CCRC) in the greater York County area. In those early years, it took some time to educate people about the vast differences between a CCRC and a nursing home. With the concurrent growth of the retirement industry and the aging in our country, most people seem to be better informed today.

In 2002 there are many more retirement choices in our area, particularly for assisted living. Rather than fear it, Westminster Towers embraces this competition. With confidence, we've seen that a healthy comparison elevates our standing. We are proud to

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Spring greetings, friends!

Designed to inform you about Westminster Towers' desirable lifestyle, *Towers Talk* comes at a most stunning time of year. Spring knows how to dress itself like no other season: red bud trees, radiant with color; Bradford pears, at their peak of bloom; vibrant azaleas, a spectacular, albeit brief, show – an endless list which demonstrates the magnificence of an imaginative Creator.

There is also much beauty at Westminster Towers. Beyond the well-appointed community areas and lovely décor, our beauty goes further than furniture and fixtures; you might say it goes "skin deep." The atmosphere has a familial quality to it, and there is a sense among our residents of genuine care and concern, regard and respect. We may not be the newest retirement community around, but the Towers is definitely worthy of your consideration. As you learn more about Westminster Towers, you'll be sure to agree.

We hope you'll make plans to come see us soon.



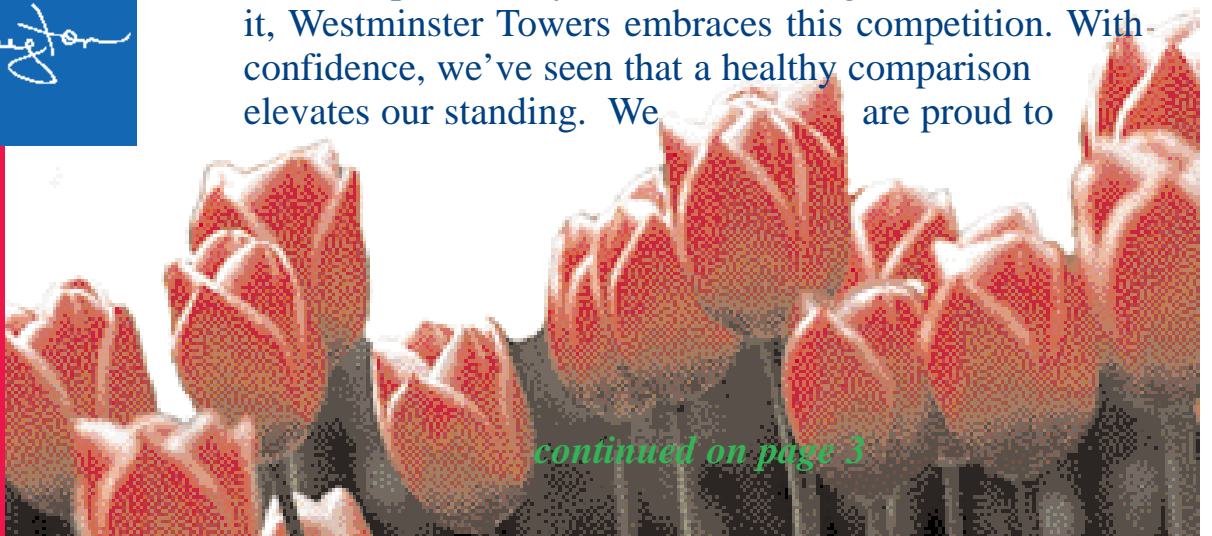
Elaine Guyton
Executive Director
Westminster Towers

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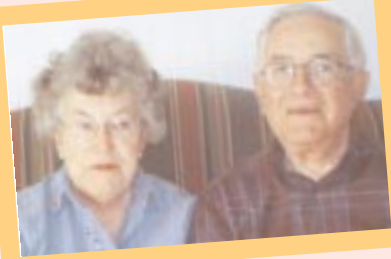
Join us for
Breakfast...page 4



Meet the Friendly Faces of Westminster Towers

Recognize the names?

Read on and see if you recognize why they chose Westminster Towers as being similar to your own considerations in seeking a more comfortable and secure lifestyle.



Dick and Nell Tevebaugh

Just because Dick and Nell Tevebaugh have moved to Westminster Towers, don't think they have retired. The couple, who met and married while in college, are as active as ever. "Retirement can be

one of the most fruitful times of life," Dick says.

Since coming to the Towers in October, The Tevebaughs have not only kept active with physical activities, but their ministry as well. Dick enjoys pinch-hitting for Westminster Presbyterian Church minister Shelton Sanford now and then for the Towers weekly bible study. He also speaks at prayer breakfasts and hopes to serve the Towers in a "chaplain" capacity.

When he is not ministering, he loves to work in the Towers' woodwork shop. His latest project is making jewelry boxes for their granddaughters. After the box is completed, Nell makes the lining. Dick says he appreciates the

roomy and well-equipped workshop. As a voracious reader, Dick especially likes the library at the Towers. He also loves visiting the York County Library downtown. "Rock Hill has so much to offer," he says. "We love the Towers, but we have also fallen in love with Rock Hill."

When Nell is not baking cookies for shut-ins and entertaining friends, you can find her tending her balcony garden. Dick refers to her plants as her "babies." Their balcony overflows with pansies, jonquils, azaleas and other greenery. Dick and Nell both sing the praises of Towers Activities Director, Jenae Plowden. "There's always something to do," Nell says. "No one should ever get bored here."

They also love the heated indoor swimming pool. "We went to the Y every morning in Charlotte," Nell says. "It's wonderful not to have to dress and drive somewhere. Just put on a bathing suit and robe and take the elevator to the first floor." Another activity Nell enjoys is crafts. "We make such neat things and Jenae always has such good craft ideas for us."

Dick says he only has one complaint – "I'm getting fat," he says. "The food is so good."



Pat Keys

As Pat Keys sits in her apartment, surrounded by her favorite things, the memories come flooding back. Photos in an album on a nearby table remind her of college days - and how she had to leave Limestone College after 2 years, because it was more important for her brother to complete his education at

Clemson. "I was a depression girl," she says. "The depression was in full swing when I was in high school."

After college, Pat went to work with the American Red Cross. She later married Buddy Keys, the brother of a co-worker. A year later, her husband died tragically in an automobile accident. Following her husband's death, she was hired as an administrative assistant to Chief Judge J. Robert Martin, Jr. of the U.S. District Court of Greenville.

She led an exciting life working for Judge Martin and

traveled from town to town in South Carolina where the Judge tried his cases. A beautiful cherry planter has a special place beside one of her favorite chairs. The inscription on the gold plaque reads – Beatrice Keys, In Appreciation, U.S. District Court, 1947 – 1980. Pat says she never remarried because she became married to her job. As her eyes scan the room, they fall on her china cabinet filled with her best china. "I could not bear to part with this china," she says – remembering all the dignitaries and favorite people she has entertained in the past.

But Pat knows she made the right decision when she chose the Towers for her home. "There's a time for everything and I knew when it was time to come. When you're alone, you have to plan. Although I hated leaving my home in Greenville, now I wouldn't take anything for it."

Pat's only regret is that she didn't come five years earlier. She says she would have been able to be more active and able to take more courses at The Shepherd's Center's Adventures in Learning series. She still plans to take a beginner's computer class. "I'm going to give it a try," she says.

Westminster Towers Programs

Westminster Towers hosts a variety of special events and programs including a wellness and preventative lecture series each month.

For more information on these special programs in May and June, call the Towers at 328-5000.

Upcoming Towers Programs

May 15, 9 a.m. - 1 p.m.
Senior Expo

Westminster Presbyterian Church

Join hundreds of other York County seniors at the fourth annual Senior Expo featuring senior products, services, health tips and a grand prize giveaway of a \$500 shopping spree. Admission is free, and all are invited to join in the fun of the day.

June 1

The Towers 13th Anniversary

Westminster Towers, York County's only accredited continuing care retirement community, celebrates its 13th anniversary in the York County community. Watch for announcements of special events surrounding this celebration.



If you or somebody you know would like to attend an event or obtain more information on Westminster Towers programs, please call us at (803)328-5000.

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be firmly established, proud to have been the first South Carolina retirement community to receive national accreditation (still, one of only two CCRCs in the state), proud to have recently completed a building and renovation project which has received national recognition, proud to be a good corporate citizen, proud of our residents and staff and trustees.

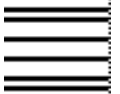
As Westminster Towers 13th anniversary approaches in June, there is indeed much cause for celebration. Staff members are committed to maintaining a level of excellence in their service to residents; residents who have learned that moving to Westminster Towers was probably the best decision they've made in the past 13 years.

Come! Visit! Celebrate with us!

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